

Just Good Friends

September 2023 Newsletter

For information telephone: Bev Sykes: 07557 734233

Website: www.justgoodfriends.org.uk - www.facebook.com/justgoodfriendsNW/

Editor: Celia Burgess

September Regular Schedule

Monday	1pm - 4pm	The Links Pub, Heeley Road, St Annes - Dancing, Dominoes, Darts, Pool, Bingo.
Tuesday	1pm - 4pm	Fun & laughter at The Vic Pub, Church Rd, St Annes - alternate weeks with Roy Rolland and Johnny Roxx
Wednesday	10.30am - 12 noon 12.30pm	The Palace at 18, Garden Street, St Annes - tea/coffee & chat Lunch with Just Good Friends after the above meeting. Various venues.
Thursday	10am - 12 noon 2pm 7pm	Keep Fit & Dance at the Drive Methodist Church, Clifton Drive, St Annes - SEE BELOW Meet-up at Bernie Worsfold's house. Please speak to Bev for details. Water's Edge is our new venue for Curry Night. Join us for a meal at 7pm. Contact Bev (no. above).
Friday	1.30 - 3.30pm RESTARTED	Rose Garden in Ashton Gardens.
Saturday	2pm - 4pm	Well Community Centre, St Albans Road, St Annes - Tea and chat with speakers & activities. Word game - Bingo - Music - see September Programme below.
Sunday	12.30pm	Lunch at either The Water's Edge or Clifton Park Hotel. See page 3 for details.

Saturday at the Well
Community Centre
2 - 4pm

SEPTEMBER 2023

2nd	Graham's Music Quiz and Raffle
9th	Table Games
16th	A Talk by Roy Turner about the RNLI and his role as a Water Safety Adviser
23rd	Group Chat about Food - Past and Present
30th	Bingo

Our next fund raiser will be on the **8th September - 6.30pm at the Tennis Club.**

Pick your favourite Carry On film and come dressed up as that character (if you would like to). It's going to be lots more food and fun.

Please let us know if are attending.



JUST GOOD CARRY ON

With Just Good Friends Fri 8th Sept 6.30pm

JOIN US FOR A FUNDRAISING EVENING. GREAT SINGER PAUL ALLEN - GREAT HOT BUFFET - GREAT RAFFLE - BUT MOST OF ALL GREAT LAUGHS !!

Who's your favourite Carry On Character? Prize for best dressed

£15 pp

St. Annes Tennis Club
Avondale Rd.
Tel Bev: 07557734233



KEEP FIT & DANCE

Thursdays - 10am till 12noon

Just a reminder re our Keep Fit and Dance meetings plus lots of information on healthy eating given by our nutritionist.

We meet at the Drive Methodist Church every Thursday at 10am till 12noon and we do a weigh in to check if people's BMI is coming down.

Please let Julie know if you would like to attend.

You won't be disappointed; its part of the Change initiative by Fylde Borough Council.

Its going well!!! Come and join us.

We were very sad to lose one of our dear friends, Mary Cowell, towards the end of last year, and were pleased to hear from Dean and Joy as follows:



Dearest Bev and all at Just Good Friends.

Please accept this donation as a token of our thanks and appreciation for all you do.

Mum loved coming to the gatherings and seeing everyone, and you certainly brightened up the last few years of her life. Keep up the great work.

Much love Dean, Joy and of course Mary.

Heartfelt thanks to Dean and Joy for the £5,000 donation. Mary was a very special lady to us all and will be missed so much .

The 60s event in Ashton Gardens

Thanks to the Town Council for putting a gazebo up for us right next to the main music tent to promote JGF.



Many of Just Good Friends dressed up in their 60s gear and had a fabulous afternoon listening to all the Bands.

We danced, danced and danced again whilst listening to 60s music.

It took us back to those fabulous days of the 60s. Looking forward to the Music Festival next year.

Peter Buggins on the left with a member of the Driftwood Band and again on the right with Marlene Hogg and Joanne Campbell.



Feedback Questionnaire

If you haven't already done so, we would be pleased if you would complete and submit the Feedback Questionnaire on our website (www.justgoodfriends.org.uk - control & click to access) as we value your thoughts very much and would like to hear from you.

Also on the website you will find pictures of events past and present plus other items of interest and again we would like to have your opinion of our website. Please let Bev have your comments which will be much appreciated.

WhatsOn

Just a reminder that there is an app called Whatson at JGF and if you would like to be added please let Bev know. If you have already joined the App, you just need to scroll down and find the new location called WhatsOn, but in any event, please speak to Bev for her to register you on this App.



JGF DINING OUT

Wednesdays:

Bev books a table at various venues for us on a Wednesday after our meeting at St Annes Palace. Please let her know if you would like to join us.

Her number is **07557 734233**.



Thursdays: **CURRY NIGHT**

Curry Night at the Water's Edge on Thursdays is a huge success. Come and join us - 6.30 for 7pm.

Please call Bev on **07557 734233** if you would like to attend. Good food and good company.



SUNDAY LUNCH - 12.30pm

We meet at both the Water's Edge and the Clifton Park hotel.

If you would like to join us at the Water's Edge call Bev.

To meet at Clifton Park call Jean Wyatt-Gunning on 01253 713370.

The food is great at both venues and everyone enjoys themselves.



September Birthdays

- 2 Nicky Sutton
- 3 Isla Rose Jebson
- 3 Gregory Rutter
- 5 Valerie Rochford
- 7 Peter Conlan
- 7 Glennis Rutter
- 8 Christine Hyde
- 12 Carol Lawrence
- 17 Beryl Hirst
- 18 Jean Ashe
- 19 Tony Bergin
- 19 Joanne Campbell
- 23 Doug Atkinson
- 23 Ann Jones
- 23 Kenneth Tyldesley
- 26 Linda Bradburn
- 26 Bernard Worsfold

Happy birthday to all with September birthdays & congratulations to those of you with extra 'special' birthdays



Some of our young members

Our youngest member and fundraiser is Alfie Wilson seen here being presented with a Just Good Friends Champion medal.

Alfie recently raised £10 at The Vic. Well done Alfie.

And on the right, another of our younger volunteers.

Anniversary Celebration

It's hard to believe this year is going so fast and it doesn't seem long since we celebrated our 10 year anniversary. All of a sudden its celebration time again on 12th September - our 11th Year Anniversary and this time we will be celebrating at the Vic Pub with entertainment and a buffet. Please let Bev or Joanne know if you want to attend. Lets all celebrate and enjoy ourselves.



Happy 10th birthday to Isla. She is our ideas girl and has thought up quite a few ideas for us at Just Good Friends over the years .



The 75 Club Draw

The winning number in the 75 Club draw for August was 89 and the lucky winner was John Munn pictured above with his wife Helen.

And finally... here is a question for you to ponder over!

Is there any activity that Just Good Friends don't presently do that you would like to see happen? For instance, something like a monthly trip to the cinema or some other different get-together. Do bear in mind someone would have to run it though. Have a think and let Bev know.

