

Just Good Friends

July 2023 Newsletter

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July Regular Schedule

Monday	1pm - 4pm	The Links Pub, Heeley Road, St Annes - Dancing, Dominoes, Darts, Pool, Bingo.
Tuesday	1pm - 4pm	Fun & laughter at The Vic Pub, Church Rd, St Annes - alternate weeks with Roy Rolland and Johnny Roxx
Wednesday	10.30am - 12 noon 12.30pm	The Palace at 18, Garden Street, St Annes - tea/coffee & chat Lunch with Just Good Friends after the above meeting. Various venues.
Thursday	2pm 7pm	Meet-up at Bernie Worsfold's house. Please speak to Bev for details. Water's Edge is our new venue for Curry Night. Join us for a meal at 7pm. Contact Bev (no. above).
Saturday	2pm - 4pm	Well Community Centre, St Albans Road, St Annes - Tea and chat with speakers & activities. Word game - Bingo - Music - see July Programme below.
Sunday	12.30pm	Lunch at either The Water's Edge or Clifton Park Hotel. See page 3 for details.

Saturday at the Well Community Centre 2 - 4pm

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1st	Steve's triple choice Quiz & Raffle
8th	Table games
15th	Talk by Marie on The Origins of Nursery Rhymes
22nd	Beetle Drive
29th	Bingo



Our lovely Joy enjoying the Switched on Swing fundraiser in June. She always gets her man!!

ST ANNES CARNIVAL SATURDAY 8th JULY 2023

- There are 7 helpers that will help on Friday evening 6pm / Saturday morning 7am.
- The Mini Bus will be at AKS car park. Off Clifton Drive South, turn down King Edward Avenue, go past Bailey Avenue then turn left into the school's car park. It's a long drive with speed bumps so please drive slowly. Someone will meet you there.
- Leave your car in the car park.
- Please bring with you a picnic and water.
- The procession starts at 10am.
- The judging is at 9.15am
- Please be at our Minibus by 9am for the judging.
- The Minibus is number 21 and will be positioned on Clifton Drive North near the main gates of Ashton Gardens.
- There are 2 helpers for our Tombola – Marie and Sheila – it will be under a gazebo.
- There are 16 dancers that will perform our dance at 3.30pm at the stage in Ashton Gardens.



We are also having a tombola stall in Ashton Gardens on Saturday the 7th July. Many thanks to Marie and Sheila for their help.

If anyone has any prizes to donate please let Bev know.

Switched on Swing Fundraiser



It was a great evening and a fantastic amount of £932 was raised thanks to the support from the amazing 18 piece band, Switched on Swing, our wonderful Patron, Anne Nolan, John Nicholls from St Annes Palace and of course our Just Good Friends family and helpers. It was a great fun evening with 80+ people attending and we're really pleased to let you know we will be arranging a Christmas event with Switched on Swing.

Bev



July Birthdays

- 1 Alvina Wolfenden
- 1 June Medlycott
- 4 Judy Pemberton
- 26 Marianne Corlett
- 29 Tony Hope

Happy birthday to all with July birthdays & congratulations to those of you with extra 'special' birthdays



Congratulations to our lovely Debbie Harrison and Kelvin Gardiner who recently got engaged. Lots of love from us all at Just Good Friends.



The 75 Club Prize Draw



The winning number in the Draw for June was number 3 and the lucky winner was Graham Thomas.



Don't forget to let Bev know if you have a wish not yet fulfilled! Over the years we have managed to grant a few and yours could be the next one!



JGF DINING OUT

Wednesdays:

Bev books a table at various venues for us on a Wednesday after our meeting at St Annes Palace. Please let her know if you would like to join us.

Her no. is on the cover page.



Thursdays: **CURRY NIGHT**

Curry Night at the Water's Edge on Thursdays is a huge success. Come and join us every Thursday 6.30 for 7pm at the Water's Edge. Please call Bev on **07557 734233** if you would like to attend. Good Food and Good Company.



SUNDAY LUNCH - 12.30PM

We meet at both the Water's Edge and Clifton Park hotel.

if you would like to join us at the Water's Edge call Bev .

To meet at Clifton Park call Jean Wyatt-Gunning on 01253 713370.

The food is great at both venues and everyone enjoys themselves.



We are pleased to tell you that we have a few junior doctors dropping in to see us again at the Vic Pub on Tuesday, 4th July.

Pop along to meet them.

Thank you!



Many thanks to Joanne!

She won all these biscuits for us all at Just Good Friends

It was to celebrate national biscuit day.

Well done Joanne and thanks from us all.

Birds in our Garden

I'm writing this to share the joy we have experienced this year in our garden. It was alarming at the beginning of the year to read the concerns of the RSPB as they reported the lack of birds due to bird flu, but it would seem that this has eased off as we are now seeing more birds here than for many a year. I was thrilled to find this picture as it has all the bird species which have been so busy in the garden (all except the occasional visit from a sparrowhawk which is not pictured and definitely not welcome!).



We have a small garden pond which has been a lifesaver for so many birds as they have splashed about on a regular basis during the day but, almost like clockwork all through the year, down they come again at around 4pm - all through the heatwave scrapping and fighting to get positioned on the best stone for a drink or a bath. Can't help wondering what happens in the bird world after 4pm!

Currently we are enjoying the antics of the second clutch of sparrows, starlings and blackbirds as they try to hang on to the feeders but eventually give up and chase their parents instead, but most of all, nothing can beat the sheer joy of listening to the various species' birdsong even when it is at the crack of dawn outside the bedroom window. How lovely to witness such magical nature and how lucky we all are to live in such a beautiful part of the country!

I wish you all a wonderful summer, with love from Celia

