

Just Good Friends

August 2023 Newsletter

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August Regular Schedule

Monday	1pm - 4pm	The Links Pub, Heeley Road, St Annes - Dancing, Dominoes, Darts, Pool, Bingo.
Tuesday	1pm - 4pm	Fun & laughter at The Vic Pub, Church Rd, St Annes - alternate weeks with Roy Rolland and Johnny Roxx
Wednesday	10.30am - 12 noon 12.30pm	The Palace at 18, Garden Street, St Annes - tea/coffee & chat Lunch with Just Good Friends after the above meeting. Various venues.
Thursday	10am - 12 noon NEW 2pm 7pm	Keep Fit & Dance at the Drive Methodist Church, Clifton Drive, St Annes - SEE BELOW Meet-up at Bernie Worsfold's house. Please speak to Bev for details. Water's Edge is our new venue for Curry Night. Join us for a meal at 7pm. Contact Bev (no. above).
Friday	1.30 - 3.30pm RESTARTED	Rose Garden in Ashton Gardens.
Saturday	2pm - 4pm	Well Community Centre, St Albans Road, St Annes - Tea and chat with speakers & activities. Word game - Bingo - Music - see August Programme below.
Sunday	12.30pm	Lunch at either The Water's Edge or Clifton Park Hotel. See page 4 for details.

Saturday at the Well
Community Centre
2 - 4pm

August 2023

5th	Steve's "What's the Link?" quiz and raffle
12th	Songtime with Shaz and Paul
19th	Blankety Blank - fun afternoon based on the TV show
26th	Bingo



Don't forget to let Bev know if you have a wish not yet fulfilled!

Over the years we have managed to grant a few and yours could be the next one!



JUST GOOD CARRY ON

With Just Good Friends Fri 8th Sept 6.30pm

JOIN US FOR A FUNDRAISING EVENING. GREAT SINGER PAUL ALLEN - GREAT HOT BUFFET - GREAT RAFFLE - BUT MOST OF ALL GREAT LAUGHS !!

Who's your favourite Carry On Character? Prize for best dressed £15 pp

St. Annes Tennis Club
Avondale Rd.
Tel Bev: 07557734233

Our next fund raiser which will be on the 8th September at the Tennis Club. Pick your favourite Carry On film and come dressed up as that character (if you would like to). It's going to be lots more food and fun.



KEEP FIT AND DANCE

The taster Keep Fit and Dance in July was a great success with 25 members attending.

We will be meeting at the Drive Methodist Church every Thursday at 10am till 12 and we do a weigh in to check if people's BMI is coming down.

It's fun and we're really happy that Lisa from Fylde Borough Council is popping in to see us occasionally to give us healthy eating advice.

Just ring Bev to book for the Keep Fit and Dance.

Her details are above.

St Annes Carnival

St Annes Carnival was a great success with us winning first prize in our category (and this was awarded to us later that day in the Gardens) and it was all down to the wonderful people in Just Good Friends who helped in so many ways, from decorating the bus and to dressing up Bay Watch style with two of our members ie Jean Pritchard as Pamela Anderson and Graham Thomas as David Hasselhoff. All in all everyone looked fabulous, approximately 26 people looked amazing.



Later in the afternoon we were due to do our dance routine but unfortunately the heavens opened and it poured down but that doesn't stop us in Just Good Friends; we all did our dance in the rain and thoroughly enjoyed it. Lots more came to join us in the dance too.



Thanks to two members Marie Wyld and Sheila Quin, who helped us raise £157 on the tombola stall and thanks to David Beddows for the loan of his gazebo and putting it up and taking it down again in the pouring rain. It was a great success.

Lots of hard work was put into producing St Annes Carnival and it was well worth it, everyone had a fab time. Next year we're looking for a lorry for people to get on, if anyone knows someone who can help please let me know. Bev



The Prince's Trust

We had a fabulous time at the Links when the Prince's Trust came to do Bongo Bingo with us. It was great fun and everyone joined in the spirit of the event. We were even treated to a song written by one of the Prince's Trust members. Massive thanks to Dan (pictured right) and the amazing team from The Prince's Trust.



Thank you Party for the Volunteers at Just Good Friends (and other lovely helpers)

We had a brilliant afternoon on the 28th July at Bernie Worsfold's home. The sun shone brightly as we gathered in Bernie's garden and enjoyed music, dancing (well of course we danced!), and chatted to old and new friends. We had a lovely selection of food, a quiz and generally just enjoyed ourselves. Thank you so much to all the volunteers - we couldn't do all we do without each one of you and, particularly on this day, a huge thank you to Bernie for once again opening his garden for us - we love our garden parties at your home Bernie!



Nick Wareing, Kath O'Brien, Allan James & Laura Johnson-Walford



Russell Thorpe, Mary Waller, Janet Albion



Many members of Just Good Friends were patients of Dr Russell Thorpe until he recently retired so it was lovely to meet up with him in different circumstances and to learn that he is now a Trustee of JGF.
Still in safe hands then Russell!



Jean & Steve Mason,
Graham & Ellen Thomas



Wherever we are, there is always lovely food at a JGF event!

JGF DINING OUT

Wednesdays:

Bev books a table at various venues for us on a Wednesday after our meeting at St Annes Palace. Please let her know if you would like to join us.

Her number is 07557 734233.



Thursdays: **CURRY NIGHT**

Curry Night at the Water's Edge on Thursdays is a huge success. Come and join us - 6.30 for 7pm.

Please call Bev on 07557 734233 if you would like to attend. Good food and good company.



SUNDAY LUNCH - 12.30pm

We meet at both the Water's Edge and the Clifton Park hotel.

If you would like to join us at the Water's Edge call Bev.

To meet at Clifton Park call Jean Wyatt-Gunning on 01253 713370.

The food is great at both venues and everyone enjoys themselves.

Promoting Just Good Friends



On August Bank Holiday Monday we are promoting Just Good Friends in Ashton Gardens.

The Town Council are putting up a gazebo for us and as its a 60s event there will be lots of 60s music so thought it would be a great idea if we dressed up in 60s style clothes!!!

If anyone would like to help us on this promotion please let Bev know.

ASHTON GARDENS - ROSE GARDEN

Fridays 1.30 - 3.30p

We're back in the Rose Garden on a Friday at 1.30 till 3.30 pm with thanks to Linda Ballinger and Paul Millington.

Maybe take a picnic and enjoy a lovely afternoon. See you there!

**PLEASE
NOTE**



August Birthdays

- 3 Daniel Swindells
- 4 John Donnelly
- 6 Patricia McGauran
- 7 Peter John Buggins
- 7 Margaret Stevens
- 10 Gemma Jebson
- 10 Brian Lee
- 11 Jenny Bettaney
- 11 Kath O'Brien
- 12 Ann Snell
- 16 Eveline Percival
- 19 Irene Patterson
- 20 Geoffrey Hodgkinson
- 28 Margaret Allison
- 29 Jon E Harrison
- 30 Shaz Guleri

Happy birthday to all with August birthdays & congratulations to those of you with extra 'special' birthdays

The 75 Club Prize Draw



The winning number in the Draw for July was no. 67 and the lucky winner was Dorothy Wild.

