

Just Good Friends

November 2022 Newsletter

For information telephone: Bev Sykes: 07557 734233

Website: www.justgoodfriends.org.uk - www.facebook.com/justgoodfriendsNW/

Editor: Celia Burgess

November Schedule

Monday	1pm	The Links Pub, Heeley Road, St Annes - Dancing, Dominoes, Darts, Pool, Bingo. - KARAOKE AFTERNOON - monthly at The Links
Tuesday	1pm	Fun & laughter at The Vic Pub, Church Rd, St Annes - alternate weeks with Roy Rolland and Johnny Roxx
Wednesday	10.30am - 12 noon 12.30pm	The Palace at 18, Garden Street, St Annes - tea/coffee & chat Lunch with Just Good Friends. Various venues. Let Bev know if you would like to attend.
Thursday	2pm 7pm	Meet-up at Bernie Worsfold's house. Please speak to Bev for details. Wetherspoons (Trawler Boat Inn) on Wood Street. Join us for a meal at 7pm. Contact Bev for more info.
Friday	7pm - 9pm 7pm - 9pm	Social Angels) SEE CAROL GRADWELL FOR DETAILS OR CALL Just Good Mates) ON 07769 319618 Venues to be confirmed
Saturday	2pm - 4pm	Well Community Centre, St Albans Road, St Annes - Tea and chat with speakers & activities. Word game - Bingo - Music - see November Programme below.

Saturday at the Well Community Centre - 2 - 4pm

November

5th	Poetry (singer Paul Atkins will be singing in between the Poetry)
12th	Lancashire Memories - 'The Power of Reminiscence'
19th	Music quiz with Graham; Raffle
26th	Bingo with Kath & Joanne



DJ Chrissie often entertains us on a Saturday afternoon at the Well Community Centre. Keep an eye on the programme for her next visit.

Excursions

Trips/Excursions: These are outings we think may be of interest.

5th December - Chester / Cheshire Oaks

In addition to our Thursford short break in November, we are looking to book a day trip with G-Line on 5th December for those who would like to do a bit of Christmas shopping or just soak up the Christmas atmosphere. You can either be dropped off at Cheshire Oaks or Chester City Centre. Cost £25.

3rd to 5th March 2023 - Yorkshire Highlights

If anyone is interested in this trip please let Carol know ASAP as we need to reserve the rooms.

The trip is with G-Line. We are looking at going to York on a weekend break staying for Dinner, Bed and breakfast at the popular Queens Hotel which is ideally situated on the banks of the River Ouse in the heart of York. The hotel offers a Brasserie Restaurant and Riverside Lounge Bar offering beautiful river views. All bedrooms are en-suite and have TV, telephone and tea/coffee making facilities. The hotel has a lift. Included trips are: Skipton on Market Day; Leeds Liverpool Canal Cruise; entry to RHS Garden Harlow Carr; guided Tour of Ripley Castle & Garden Entry; City of York. £265 per person based on 2 people sharing or £310 for single occupancy.

As above, please let Carol Gradwell, Bernie Worsfold or Sheila Gardner know ASAP if you are interested. (Carol: 07769 319618; Bernie: 01253 720667; Sheila: 01253 374009)

NIGHT AT THE MOVIES

Our Night at the Movies was a great success, everyone thoroughly enjoyed themselves with people dressed up as Movie Stars and our fabulous entertainer Helen Jayne.



Marie Wylde as Peter Rabbit



Kath O'Brien as Woman in a Dressing Gown



Andy Rogers aka James Bond



Helen Jayne, our amazing singer



Ann Smith winner of Best Dressed Celebrity



Ken Hopwood & Jean Lee-Maskel aka 007 and Miss Money Penny



Ken Wooding aka Indiana Jones with Audrey Nicholas



Marlene Hogg and Jean Wyatt-Gurning



Ellen & Graham Thomas



Laura Johnson-Walford & Ann Manser

Firefighters came to visit

We are all very proud of the work carried out by our Firefighters and we were delighted when they popped in to see us reminding us of the Safety Checks available and ensuring we are all aware of them.



Pictured with the men is Joyce Day and an added bonus was granting a wish for Ann Manser - who received a fireman's lift (without a fire of course!!)

Just Good Friends sends thanks to all of you; we think you are all amazing and we love you all!!



They've already started!!

Please stay safe - ear plugs ready, pets safe and secure indoors and if you are outside watching displays, maintain a safe distance at all times.



Member subscriptions - due 1st October 2022

The annual membership fee has not changed and remains at £10 per person - or £17 per couple becoming due on 1st October 2022. However, having come through a couple of years of uncertainty with the pandemic etc, it is important that we have your up to date details on our database and with this in mind, it is our aim to have a chat with each and every member as they renew their membership. This will be an opportunity for us to tell you of all the benefits Just Good Friends are able to offer which includes information on our Wellbeing Team; assisting if there is anything you need help with; listening to your thoughts about our weekly activities and also a time for you to suggest what you might like from us. The chats will be totally confidential as indeed are your personal details in accordance with General Data Protection Regulations (GDPR). When you are ready to renew, please contact Julie on jgfwelfare@gmail.com; or Bev on bev.sykes@hotmail.co.uk Mobile: 077557 734233. Thanks everyone.

ABBA SINGALONG

We have certainly had some great get togethers in October. Another fabulous gathering was our Abba Singalong at The Links Pub.

If there is one thing you can always be sure of at a JGF gathering, its that most people will know all the words to Abba's songs. Brilliant! Thoroughly enjoyable event.



November Birthdays

- 4 Noreen Donely
- 5 Irene Butcher
- 7 Alma Todd
- 11 Charleen McBride
- 13 Ken Wooding
- 15 Mary Cowell
- 17 Doreen Gregory
- 19 Gordon Ogden
- 20 Lynn Del-Pinto
- 29 Clare Pison

Happy birthday
to all with November birthdays &
congratulations to those of you with
'special' birthdays



Thanks so much to AKS Bring Me Sunshine, it was lovely to hear from you all along with the signed card and Just Good Friends are looking forward to more fun activities.

Lots of love to everyone
at Bring Me Sunshine
(SEE TOP OF PAGE 4!!)

Card received from AKS - Bring Me Sunshine

Connie Elved x Sophie x
 Isabelle x Casey ☺
 Lauren Great job!!
 Nevayah x Pippa
 Holly x Olivia x x x Libby x x
 Charlotte x Alex ☺ Caitlin x x
 Lucy ♥ Emma x x
 Anneline Annie Jess
 Hugo Albie Jess
 Kate x

To Bev and the gang
 at Bring Me Sunshine's
 favourite club - Just Good Friends
 We are so looking forward to working
 with you again this year. Our numbers have
 increased, so we're currently working hard
 to come up with fun activities for you all.
 We just wanted to touch base with you,
 by sending out this card, so you know we're
 thinking about you all. Stay safe and
 healthy until we meet again.
 Love, Bring Me Sunshine ☺

Transcript:

To Bev and the Gang at Bring Me Sunshine's favourite club - Just Good Friends

We are so looking forward to working with you again this year. Our numbers have increased, so we're currently working hard brain-storming to come up with fun activities for you all. We just wanted to touch base with you, by sending out this card, so you know we're thinking about you all. Stay safe and healthy until we meet again. Love, Bring Me Sunshine

CEILIDH

Friday 18th November

19:00 for 19:30 start

at Our Lady Star of the Sea Community Centre, St Albans Road

Price £8 - Bar

In aid of the Mayor's Charities

* Trinity Hospice * Fylde Citizens Advice *

1st Lytham Sea Scouts

Live Ceilidh Band "Fire in the Bellies"

Tickets from

Joanne.collins@fylde.gov.uk

or call 01253 658505

We are delighted to have been chosen by Skipton Building Society to be one of three local charities



nominated to receive a share of £1,000 from the Society's community scheme. The other two organisations selected are

Blackpool Scorpions Juniors Rugby League Club

Giving young boys and girls rugby opportunities - teaching about respect, discipline and teamwork

Just Good Friends (North West) Limited

Just Good Friends combats loneliness and isolation by people being part of a lovely caring group. We are all about love, kindness, respect and being there for each other. Changing loneliness to happiness is the key, also adding a little fun too as laughter is the best medicine.

Lytham Let Live LGBT Friendship Group

Community group meets every first Wednesday of every month providing advice support reassurance friendship for the LGBT community in a friendly coffee morning with guest speakers and local charity fundraising

How much each group receives will be decided by Skipton customers' votes cast in branch with the winner receiving £500.

Stacey Dickens, Skipton Building Society's Head of Sustainability, said:

"We know that now more than ever community groups, charities and causes are seeing such increases in demand for their vital services. Often run by volunteers, these small local causes keep communities together and keep them strong during such challenging times for the people they help.

"As a member-owned organisation, and one that was founded almost 170-years ago to help communities own their own homes and have savings for their future, it's important to us that our members decide where they'd like this money to go. I'd like to encourage all our customers in St Annes to pop in to their local branch and to tell us which causes get their vote. We're working hard to build a better society, including supporting local charities and causes - those unsung heroes in our communities that are doing so much good for local people and their families. It's over to our members now to decide how our £88,000 is allocated."

Come and join us at one of our regular venues for SUNDAY LUNCH - 12.30pm

For CLIFTON PARK venue call Jean Wyatt-Gunning on 01253 713370



For THE WATER'S EDGE call Bev on 07557 734233 Prices vary depending on the chosen venue



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