

# Just Good Friends

## September 2022 Newsletter

For information telephone: Bev Sykes: 07557 734233

Website: [www.justgoodfriends.org.uk](http://www.justgoodfriends.org.uk) - [www.facebook.com/justgoodfriendsNW/](https://www.facebook.com/justgoodfriendsNW/)

Editor: Celia Burgess

### September Schedule

Monday	1pm	The Links Pub, Heeley Road, St Annes - Music and Bingo - KARAOKE AFTERNOON - monthly at The Links
Tuesday	1pm	Fun & laughter at The Vic Pub, Church Rd, St Annes - alternate weeks with Roy Rolland and Johnny Roxx
Wednesday	10.30am - 12 noon 12.30pm	The Palace at 18, Garden Street, St Annes - tea/coffee & chat <b>Lunch with Just Good Friends. Various venues. Let Bev know if you would like to attend.</b>
Thursday	2pm 7pm	Meet-up at Bernie Worsfold's house. Please speak to Bev for details. Wetherspoons (Trawler Boat Inn) on Wood Street. Join us for a meal at 7pm. Contact Bev for more info.
Friday	6pm - 7.30pm 7.30pm - 9pm 1pm	Social Angels ) SEE CAROL GRADWELL FOR DETAILS OR CALL Just Good Mates ) ON 07769 319618 Venues to be confirmed Lowther Gardens - Gardens near the café. Bring a picnic (weather permitting) or we meet in the café.
Saturday	2pm - 4pm	Well Community Centre, St Albans Road, St Annes - Tea and chat with speakers & activities. Word game - Bingo - Music - see September Programme below.

### Saturday at the Well Community Centre 2 - 4pm

#### SEPTEMBER

3rd	Quiz / PowerPoint
10th	Beetle Drive
17th	The Windmills of The Fylde
24th	Bingo



Come and join us at our new regular venue for  
**SUNDAY LUNCH - 12.30pm**  
from £17.95 for a fabulous 4 course meal  
Delicious food and good company at the  
**CLIFTON PARK HOTEL**

**299-301 Clifton Drive South, St Annes on Sea FY8 1HN**

**For more information call**

**Jean Wyatt-Gunning on 01253 713370**

### Beaverbrooks



Receiving the cheque from Beaverbrooks

For many years Just Good Friends have enjoyed the company of staff from Beaverbrooks who have supported us on a number of social occasions and in July, we were pleased to be advised by The Beaverbrooks Charitable Trust that we have been awarded a donation of £3,400 on behalf of their Customer Service & Sales Team, who chose us as their charity for this year.

We are pleased and delighted to express our grateful thanks and we look forward to continuing to further develop our relationship with Beaverbrooks.

With all our good wishes, Bev



*Celebrating*  
**10 years**

In the run up to our 10<sup>th</sup> Anniversary, I wrote a letter to Camilla, HRH The Duchess of Cornwall telling her about us and what we do here at Just Good Friends in our aim to combat loneliness and isolation. I told her how over the years we have seen many changes but one thing that has always remained the same is our aim to change peoples' lives and bring happiness and how, with amazing teamwork and support from special people, we continue to be passionate in our endeavours to achieve this.

I went on to tell her it's our 10<sup>th</sup> Year Anniversary in September and said how honoured we would be if she could attend this event and I was delighted to receive the reply copied here.



16th August, 2022

*Dear all at 'Just Good Friends'*

I am delighted that you all at 'Just Good Friends' are working so hard to prevent loneliness and isolation, and I would like to congratulate you all on the wonderful work you are doing for this hugely important cause on this, your 10<sup>th</sup> anniversary...

I hope I may be able to pay you a visit at some point but, until then, I wish you every success in the future.

*With my best wishes*  
*Camilla*

#### Excursions

#### Trips/Excursions

These are outings we think may be of interest

**15<sup>th</sup> to 17<sup>th</sup> November - Thursford Christmas Spectacular**

**This trip is still active and not yet finalised. Contacts below.**

This trip is with G-Line staying at Dunston Hall in Norwich. A four-star Elizabethan mansion set in 150 acres of wooded parkland. The trip includes free time in Norwich and entry to the Thursford Christmas Spectacular, a fast-paced festive performance filled with world-class dancing, beautiful costumes and an eclectic music score that sees many visitors returning year after year! £375 per person based on 2 people sharing or £425 for single occupancy. Dinner, bed and breakfast. **There are limited single rooms** so for this trip and the others please let Carol Gradwell, Bernie Worsfold or Sheila Gardner know ASAP if you are interested. (Carol: 07769 319618; Bernie: 01253 720667 Sheila: 01253 374009)

**3rd to 5th March 2023 - Yorkshire Highlights**

The trip is with G-Line. We are looking at going to York on a weekend break staying for Dinner, Bed and breakfast at the popular Queens Hotel which is ideally situated on the banks of the River Ouse in the heart of York. The hotel offers a Brasserie Restaurant and Riverside Lounge Bar offering beautiful river views. All bedrooms are en-suite and have TV, telephone and tea/coffee making facilities. The hotel has a lift. Included trips are: Skipton on Market Day; Leeds Liverpool Canal Cruise; entry to RHS Garden Harlow Carr; guided Tour of Ripley Castle & Garden Entry; City of York. £265 per person based on 2 people sharing or £310 for single occupancy.

As above, please let Carol Gradwell, Bernie Worsfold or Sheila Gardner know ASAP if you are interested. (Carol: 07769 319618; Bernie: 01253 720667 Sheila: 01253 374009)



#### September Birthdays

- 2 Nicky Sutton
- 3 Isla Rose Jebson
- 3 Gregory Rutter
- 3 Marian Throup
- 6 Bob Danson
- 7 Peter Conlan
- 7 Glennis Rutter
- 8 Christine Hyde
- 15 Mary Allen
- 18 Jean Ashe
- 18 Kathleen Wolstenholme
- 19 Tony Bergin
- 19 Joanne Campbell
- 23 Doug Atkinson
- 23 Ann Jones
- 25 Gill Ward
- 26 Bernard Worsfold
- 30 Heather Davies

**Happy birthday  
to all with September birthdays &  
congratulations  
to those of you with  
'special' birthdays**



Brilliant fundraiser for JGF; we raised £414.96. Thanks to the team of volunteers. We all had the best night.

## The Grease Party held at the end of August



*Thank You*

### Jon Harrison

Many thanks to Jon Harrison for all his help especially at the Well Community Centre. He's retiring from us at the end of September and until we can find someone to fill these big shoes I will be taking over with the help of many people who attend on a Saturday.

Jon is also retiring as Trustee where again he has been extremely dedicated in taking JGF forward.

All his friends here at Just Good Friends thank Jon so much for everything he has done for us, but we hope he will still pop in on a Saturday with some of his presentations and quizzes.

Bev

Sometimes we need someone to simply be there... not to fix anything or do anything in particular, but to just let us feel we are supported and cared about..





## The Cambridge Weekend

The weekend break in August was much enjoyed by Carol, Geoff, Marlene, Ken, Liam and Edwina, particularly as we were blessed with beautiful weather. We stopped off at the picturesque town of Newark en route to Cambridge, Newark Castle (pictured) and St Mary Magdalene Church.

In Cambridge we visited the University Botanic Gardens and enjoyed the punt along the River Cam whilst eating strawberries and cream.

Check out our other upcoming trips on page two. There may be something there you would like.



The Chairman of Lancashire County Council, **County Councillor Peter Britcliffe**, is hosting a  
**Reception for Older People**

**at 6.00pm on Wednesday 19 October 2022**

The Exchange, County Hall, Fishergate Hill, Preston, PR1 8XB

**Times: 6pm - 8.30pm**

**Dress code: Day wear**



**If any members/  
volunteers are interested  
in attending this event,  
please let BEV know asap  
as confirmation has to be  
confirmed by 10 October.  
Also for further  
information contact Bev.**

This is an invitation for two members/volunteers of your Older People's Group, who are senior citizens themselves, to join me at a civic reception to recognise the voluntary work that goes on in supporting the older population of the people of Lancashire and how they contribute to their families and communities in so many different ways. The evening will give you an opportunity to meet with peers and colleagues, and will update you on some of the initiatives and services the County Council provides. This invitation is in appreciation of everyone who supports older people in Lancashire and is indicative of similar organisations throughout the county. A number of county councillors and officers will also be present.



Lovely afternoon at The Links with Bernie the Master Chef preparing the food for our BBQ Fundraiser. No shortage of 'customers' waiting in anticipation.



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