

Just Good Friends

June 2022 Newsletter

For information telephone: Bev Sykes: 07557 734233

Website: www.justgoodfriends.org.uk - www.facebook.com/justgoodfriendsNW/

June Schedule

Monday	1pm	The Links Pub, Heeley Road, St Annes - Music and Bingo - KARAOKE AFTERNOON - monthly at The Links
Tuesday	1pm	Fun & laughter at The Vic Pub, Church Rd, St Annes - alternate weeks with Roy Rolland and Johnny Roxx
Wednesday	10.30am - 12 noon 12.30pm	The Palace at 18, Garden Street, St Annes - tea/coffee & chat Lunch with Just Good Friends. Various venues. Let Bev know if you would like to attend
	1.00pm - 3.00pm	Meet-up in the Rose Garden in Ashton Gardens
Thursday	2pm	Meetup at Bernie Worsfold's house. Please speak to Bev for details.
	7pm	Wetherspoons (Trawler Boat Inn) on Wood Street. Join us for a meal at 7pm. Contact Bev for more info.
Friday	6pm - 7.30pm 7.30pm - 9pm	Social Angels) SEE CAROL FOR DETAILS OR CALL Just Good Mates) ON 07769 319618: Both meetups at The Links Pub St Annes
Saturday	2pm - 4pm	Well Community Centre, St Albans Road, St Annes - Tea and chat with speakers & activities. Quiz - Bingo - Music - see June Programme below.

Saturday at the Well Community Centre 2 - 4pm

JUNE	
4th	Music Quiz by Graham Clark - Raffle
11th	Games
18th	Music and Dance
25th	Bingo



Thursday Curry Nights (or fish & chips etc!!! - good menu with plenty of choice). Come and join us - 7pm every week at Wetherspoons (Trawler Boat Inn on Wood Street)



Come and join us for **SUNDAY LUNCH - 12.30pm**

£14.95 for a fabulous 4 course meal. Delicious food and good company

at the St Ives Hotel,

7-9 South Prom. St Annes - Call Sheila for more details on 01253 374009



June Birthdays

- 2 Steve Mason
- 3 Jacqueline Salisbury
- 3 Elle Louise Wilson
- 4 Moraig Skelly
- 7 David Young
- 9 Jean Pritchard
- 13 Janet Lonsdale
- 15 Louise Davenport
- 18 Emma Lyttle
- 21 David Cowan
- 24 Lynda Ashcroft
- 24 Anita Dixon
- 24 Damien Duerden
- 25 Helen Munn
- 26 Barbara Burns
- 30 Margaret Fish

Happy birthday to all with June birthdays & congratulations to those of you with 'special' birthdays

Use It~Don't Lose It!
Gentle, low impact, high mobility movement for all



Thursdays 11-11:45am try for FREE in May

Contact Jayne 07920 484806

The Well Community Centre
St Albans Road, St Annes on the Sea



Thank you so much to the AKS Bring Me Sunshine Club for inviting us to their Jubilee Themed Tea Party at the end of April.



We had a fantastic day which included an enjoyable quiz, delightful refreshments and to complete the day, a game of croquet on the lawn.

Pictures from top: Bring me Sunshine students with some of the delicious cakes; Julie & Laura enjoying themselves; Holly Cross celebrating with us and JGF group after the croquet.



A perfect afternoon.

Thanks again AKS!

Bev

Following our visit above, I received an email from Amanda Culpan, AKS Senior School Librarian, in which she wanted to let me know of the amazing work done by the students on our behalf. It is amazing how much they have done and I am so very proud of them. Bev

Extract from Amanda's email follows:

A massive thank you to the whole of Just Good Friends. It was lovely to sit down and chat to your wonderful members and, although it may not have been the most exciting event in the JGF calendar, it was certainly a great introduction for our students to get to know you all. Can I just pass on, for your members, that the children fundraised to earn the money to pay for the decorations, games and catering. We started this year with no leadership team and absolutely no money in the coffers. It was with great pride that I watched my children earn the money to put on the event for your group. I hope they all enjoyed themselves and we look forward to doing something a bit more adventurous with you all in the very near future.

Excursions

Trips/Excursions

As the weather is starting to improve we are looking at booking some more short breaks/days out. These are the ones we think will be the most popular. **Please note addition below for November.**

8th June - Buxton and Bakewell. The trip is with Walton's Coaches. £21

12th to 16th June

Grampian castles and gardens including Balmoral Castle and Grounds, Fyvie Castle and Gardens and Crathes Castle and Gardens. The trip is with Walton's Coaches staying at Mercure Aberdeen Caledonian Hotel, an elegant Victorian hotel. £379 per person based on 2 people sharing or £439 for single occupancy. Dinner, bed and breakfast.

5th to 7th August - Cambridge Weekend Break including a visit to Cambridge University Botanic Garden and a River Cam Cruise. This is a G-Line trip staying at Cambridge Bar Hill Hotel. £305 per person based on 2 people sharing or £355 for single occupancy. Dinner, bed and breakfast.

3rd September - Chatsworth Country Fair. The trip is with Walton's Coaches. £21.50

15th to 17th November

Thursford Christmas Spectacular. This trip is with G-Line staying at Dunston Hall in Norwich. A four-star Elizabethan mansion set in 150 acres of wooded parkland. The trip includes free time in Norwich and entry to the Thursford Christmas Spectacular, a fast-paced festive performance filled with world-class dancing, beautiful costumes and an eclectic music score that sees many visitors returning year after year! £375 per person based on 2 people sharing or £425 for single occupancy. Dinner, bed and breakfast. **There are limited single rooms** so for this trip and the others please let Carol Gradwell, Bernie Worsfold or Sheila Gardner know ASAP if you are interested. (Carol: 07769 319618; Bernie: 01253 720667 Sheila: 01253 374009)

10th Anniversary of Just Good Friends

It is hard to believe that in September it will be the 10th Anniversary of Just Good Friends and we are hoping to celebrate with a meal at St Annes Palace on 7th September. More details will follow but initially we have arranged a menu as detailed below - cost will be £24.50.

We'd love to see as many people as possible to enjoy this special landmark for Just Good Friends.

Starter

- Assiette of seafood: Prawn Cocktail, Shrimp Bisque, mini Fish Cake, smoked Salmon & dill Paté
- Homemade Chicken Liver Paté - Served with Crostini, mixed leaves and Orchard Chutney
- Cheese Souffle

Main

- Rib Eye Steak
Served medium unless otherwise requested with Peppercorn Sauce, stack of chunky Chips, homemade Onion rings and a Rocket Caesar salad.
- Ballotine of Chicken
Stuffed with sun blushed Tomato and Basil, pink Peppercorn and Champagne Sauce
- Salmon en Croute
- Veggie option

Trio of desserts

- Choose from Chocolate Brownie, Lemon Posset, Banoffee Pie, Chocolate Tart, Sticky Toffee Pudding, Crème Brûlée, Cheesecake
- Espresso Brûlée - Coffee flavoured Brûlée with shortbread sugar cubes
- Cheese & Biscuits - mature Cheddar, Blacksticks Blue, Five Shires and creamy French Brie served with Biscuits, Celery, Grapes and homemade Orchard Chutney.



NOTE FROM BEV:

Please note that I will not be available from 31st May until 8th June. If anyone has any queries please contact Julie on 07952 537155.



JUST GOOD FRIENDS
FUNDRAISING EVENT

PYJAMA
party



PYJAMA PARTY

Above, Bev getting ready for the afternoon Pyjama Party on 20th May at the Tennis Club which raised £292.99. Thanks to members for attending and joining in the fun and many thanks to Julie, Laura and Joanne for organising this fantastic fund-raiser.

We had music, a raffle and games including a balloon fight (see Joanne getting prepared!) and here's Julie with Teddy but still sucking her thumb.

It was great fun and at 5pm we had a 'Midnight Feast' of sandwiches, pizza and toasted marshmallows. Marvellous! Fantastic day and great laughs.



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Editor: Celia Burgess

