

# Just Good Friends

## May 2022 Newsletter

For information telephone: Bev Sykes: 07557 734233

Website: [www.justgoodfriends.org.uk](http://www.justgoodfriends.org.uk) - [www.facebook.com/justgoodfriendsNW/](https://www.facebook.com/justgoodfriendsNW/)

### May Schedule

Monday	1pm	The Links Pub, Heeley Road, St Annes - Music and Bingo - KARAOKE AFTERNOON - monthly at The Links
Tuesday	1pm	Fun & laughter at The Vic Pub, Church Rd, St Annes - alternate weeks with Roy Rolland and Johnny Roxx
Wednesday	10.30am - 12 noon	The Palace at 18, Garden Street, St Annes - tea/coffee & chat - <b>see note below</b>
Thursday	2pm 7pm	Meetup at Bernie Worsfold's house. Please speak to Bev for details. Wetherspoons (Trawler Boat Inn) on Wood Street. Join us for a meal at 7pm. Contact Bev for more info.
Friday	<b>Coming soon - details of date to be advised</b>	<b>A special lunch at Lytham Hall 12.30pm. Please let Bev know if you would like to attend.</b>
Saturday	2pm - 4pm	Well Community Centre, St Albans Road, St Annes - Tea and chat with speakers and activities. Quiz - Bingo - Music - see May Programme below.

### Saturday at the

### Well Community Centre

MAY	
7th	Quiz - Raffle - Music
14th	Games
21st	Jon - PowerPoint
28th	Bingo



Ken Wooding & Mary Cowell  
at the Vic

### Important Notice from The Palace on Garden Street for JGF Visitors

On Thursday 19th May, a six week project to refurbish the main staircase and entrance foyer at The Palace will commence.

#### For any safety issues contact The Palace

The greatest upheaval will come in the first few days when the stair carpet and art deco panels are removed, but you will notice that we have timed this work to commence on a Thursday so this should be well out of the way by the following Wednesday.

In general terms, access to The Palace will not be impeded during the project, but quite clearly, there will be work being carried out on the staircase, which for the large part will be the hand-sanding of the bannisters, meaning that workmen will be operating there.

We are planning to schedule the work so that only one of the bannisters is worked on at any one time thereby always leaving a continuous run of handrail from top to bottom.

Additionally, and as the stairs will be bare wood for the duration of the project, I will obtain some bright coloured non-slip adhesive tape to help distinguish the front edges of each step.

It is a further reasonable precaution to ask that any JGF members who may be in the slightest bit concerned about using the stairs under these circumstances, simply ask for assistance, or of course, consider using the lift.

John Nicholls

### Just Good Friends T-shirt

If anyone would like to buy a JGF T-shirt please let Bev know, along with the size required. They cost £10 each.

### Bric a Brac

Just a reminder for everyone who has any Bric a Brac; could they please let John Munn or Bev know ASAP as John has kindly said he would do a car boot sale to help us raise funds for us at Just Good Friends.



at the St Ives Hotel,  
7-9 South Prom. St Annes  
Call Sheila for more details  
on 01253 374009

Come and join us for  
**SUNDAY LUNCH - 12.30pm**  
£14.95 for a fabulous 4 course meal  
Delicious food and good company



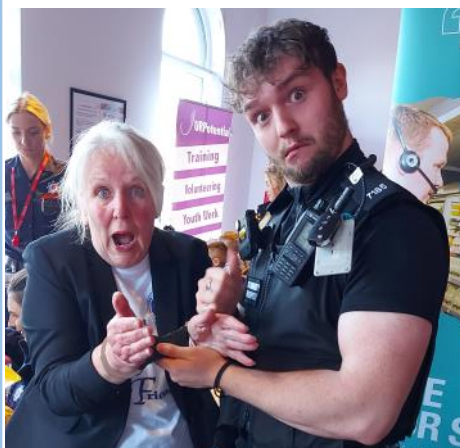
Chef Chris



### May Birthdays

- 1 Raymond Woollett
- 3 Marjorie Byrne
- 3 Kenneth Hopwood
- 4 Kenneth Pape
- 7 Jennie Thompson
- 8 Dorothy Wild
- 9 Henry Edwards
- 9 Sandra Lofthouse
- 11 Michele Bibby
- 11 Dorothy Brown
- 16 Jean Wyatt-Gunning
- 17 Sheena Clarkson
- 20 Bev Smith
- 23 Paul Hunt
- 27 Jennifer Hood
- 30 Pat Costello
- 31 John R Kirkham

**Happy birthday  
to all with May birthdays &  
congratulations  
to those of you with  
'special' birthdays**



Marlene being naughty!!



Roy Shenton at The Links for Karaoke  
afternoon - before going fishing!!

### Excursions

As the weather is starting to improve we are looking at booking some more short breaks/days out. These are the ones we think will be the most popular.

#### 12<sup>th</sup> to 16<sup>th</sup> June

Grampian castles and gardens including Balmoral Castle and Grounds, Fyvie Castle and Gardens and Crathes Castle and Gardens. The trip is with Walton's Coaches staying at Mercure Aberdeen Caledonian Hotel, an elegant Victorian hotel. £379 per person based on 2 people sharing or £439 for single occupancy. Dinner, bed and breakfast.

#### 5<sup>th</sup> to 7<sup>th</sup> August

Cambridge Weekend Break including a visit to Cambridge University Botanic Garden and a River Cam Cruise. This is a G-Line trip staying at Cambridge Bar Hill Hotel. £305 per person based on 2 people sharing or £355 for single occupancy. Dinner, bed and breakfast.

#### 8<sup>th</sup> June

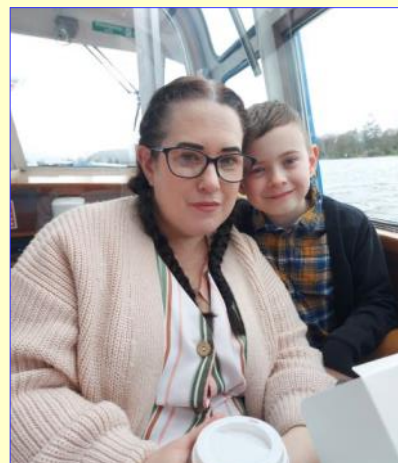
Buxton and Bakewell. The trip is with Walton's Coaches. £21

#### 3<sup>rd</sup> September

Chatsworth Country Fair. The trip is with Walton's Coaches. £21.50

If you are interested in going on any, please let Carol Gradwell, Bernie Worsfold or Sheila Gardner know.

(Carol: 07769 319618; Bernie: 01253 720667 Sheila: 01253 374009)



Alfie and Elle Louise in Bowness during our Windermere trip at the beginning of April



Community Education team  
for the British Red Cross



Following discussions with the above we are in the process of organising an **Everyday First Aid** session for adults. The session is completely **free of charge** and lasts for approximately 90 minutes. The idea is to teach simple, effective, and memorable first aid skills for everyday situations. The sessions can be specifically tailored to meet the needs of Just Good Friends or they can be delivered as a general first aid session based upon the most common injuries.

Sessions would take place at The Palace and the Well Community Centre: when details are confirmed, notification will be distributed. In the meantime, would you kindly indicate to Bev if this group would be of interest to you.



Relaunch of Social Angels 11 to 17 year olds coming to the Links Pub on Heeley Road, St Annes Friday nights 6.30 till 8.30pm.

Date to be confirmed: also launching older group 18 plus.

Watch this space for more information.

### Postponed Christmas Party

At last, on Wednesday 27th April we had our long awaited Christmas Party! Bev wished everyone a Happy Christmas as everyone joined in the fun. It was a fabulous afternoon!! Special thanks to John and Pam Nicholls at St Annes Palace for all their support and extra thanks to the Masonic Caterers for providing such a fabulous meal. Later we were entertained by the amazing Johnny Roxx including lots of Christmas songs and dancing by all.

### A Just Good Friends Christmas Party lunch well worth waiting for!!



Groups enjoying Christmas Lunch!



Above Pam Nicholls with Julie; right - Marlene & Emma; centre - Santa or could it be Johnny Roxx? far right Joanne & Julie. Inset is Angus - a knitted prize won by Jenny Bettany. Lovely little chap!!



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