



Just Good Friends

August 2021 Newsletter

For information telephone: Bev Sykes: 07557 734233

Website: www.justgoodfriends.org.uk - www.facebook.com/justgoodfriendsNW/

Regular Meetings at Just Good Friends

Call Bev: 07557 734233 for more info or click on our

website: www.justgoodfriends.org.uk - www.facebook.com/justgoodfriendsNW/

Monday	1pm	Peer support group. Darts, Pool, Dominoes. Being there for each other. The Links Pub, Heeley Rd, St. Annes
Tuesday	1pm 6.30pm	Lowther Gardens, Lytham. Fun and chat in the gardens. Walking Rugby at Fylde Rugby Club
Wednesday	10.30am - 12 noon 1pm	The Palace at 18, Garden Street, St Annes. Tea/coffee & chat or Ashton Gardens - in the rose garden
Thursday	1pm	Craft group at The Links Pub
Saturday - starts 7th August	2pm - 4pm	Memorial Hall, St Albans Road, St Annes – Tea and Chat with speakers and activities. Quiz – Bingo – Music
SOCIAL ANGELS First Friday of every month	6.30pm - 8.30pm	Memorial Hall, St Alban's Road, Lytham St Annes FY8 1UZ. A social group designed for youths struggling with confidence, low self-esteem or social isolation who would benefit from friend-making and new opportunities. Tel: 07541 742397 or email: socialangels.jgf@gmail.com TBA
Nights out - Days out - TBA		Quiz nights – Evening group - Coach Trips SEE PAGE 3

FUNDRAISING

We are arranging a formal Fundraising Group and will be meeting at 11am at St Annes Palace on the first Wednesday in August – the 4th. Do please join us.

Our plan is now that we have some relative freedom to begin our social life once again, we will be aiming to organise events and activities which, as much as giving us pleasure and enjoyment, will also help to provide general funds to enable us to pick up where we left off pre-Covid.

We hope many of you will come along and pass on any ideas of your own or perhaps you have at some time taken part in a good fundraising event elsewhere and thought it was a good idea; we are open to all for discussion! As always, we will need volunteers at a later date to help run the activities but let's take one step at a time; first we need the meeting – please come and join us.

2022 CALENDAR

I have an idea for our next Calendar and need 12 members. If anyone is interested in appearing in our next Calendar, please let me know. Bev

SURVEY

Thanks to everyone who completed the Survey we recently circulated and as a result I'm really keen to set up another Focus Group to let you know the results.

I must say that it was heart-warming to read many of the comments as it was extremely positive.

It is very important to me and I believe many of you will know the importance of this to our current and future members.

The Focus Group will help the team in shaping the future for Just Good Friends.

Please let me know ASAP if you would like to join me on Team Focus Group

Thanks as always

Bev x

If anyone has a wish they would love to come true, please let Bev know and she will try her best to make it happen.



If anyone would like to join the number of members who already receive the Newsletter via email rather than hard copies please let me know on jandcburgess@hotmail.co.uk. Thank you, Celia



JGF Walking Rugby Team - it's great fun and exercise too at the Fylde Rugby Club. Every Tuesday night at 6.30pm



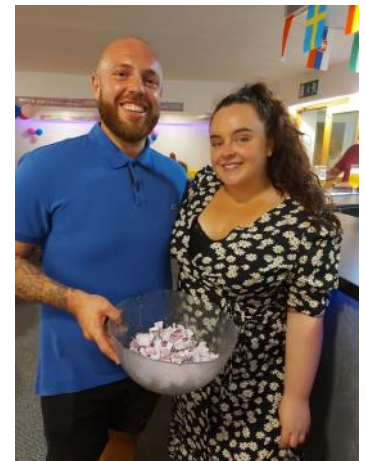
Amelia and Ben are our Walking Rugby teachers. They are both great fun. Afterwards we are treated to cream scones, cakes, tea and coffee and strawberries.



The Birthday Party gets going!



Some of the lucky raffle winners



Thanks so much to Katie and Dan for running the raffle and everything they did to help.

It was a fantastic evening and my thanks also to each and everyone who made it such a perfect JGF Birthday Party.

Bev xxx



Johnny Roxx with Helen. As always, Johnny was brilliant as he entertained us all evening. We are so lucky to have him as our very special friend and we thank him so much.



Liz (above);
David and Joanne



To join our **JUST GOOD RAFFLE** simply search for **Just Good Raffle** on Facebook and click the **JOIN** button.

July prize winners

Tesco Card - David Parkinson Cane

3 Bottles Rose Wine - Jenny Hood

Sticky Chocolate & Liqueur bottles - Joanne Campbell

Euro Football Final
Last Goal Scored -
£175 gift card - Sue Whittle

Lotto Bonus Ball £150
Jude Jeffrey
(pictured)



August Birthdays

- 4 Keith Slater
- 4 Ann Snell
- 5 Rona Harrison
- 7 Joan Jackson
- 7 Margaret Stevens
- 10 Gemma Jebson
- 11 Jenny Bettaney
- 11 Kath O'Brien
- 13 Christine Lyttle
- 13 Marion Ogden
- 14 Mary Turner
- 18 Brian Winchester
- 18 Margaret Wright
- 22 Becky Fellows
- 23 Noreen Martin
- 24 Doreen Felles
- 29 Jon E Harrison
- 30 Susan Allinson

Happy birthday to all of you with August birthdays, especially the two who have reached their special 80th birthdays!



Enjoying the sunshine at a JGF gathering at Lowther Gardens

Llandudno Trip - September 23rd to 25th

You will hopefully have already received details of the following information, but just to clarify, the JGF trip will be our first post Covid break which we are all very much looking forward to.

It is a three day/two night break to Llandudno from 23rd to 25th September with G-Line. We will be staying at the Marine Hotel on the prom: there is a swimming pool and evening entertainment. The cost is £250 for a single room or £220 per person sharing a twin room. There is limited availability for single rooms and will be allocated on a first come first serve basis. If you could find someone to share a room with that would be great. If you would like to share a room but can't find anyone to share with, let me know and we can see if we can match people up.

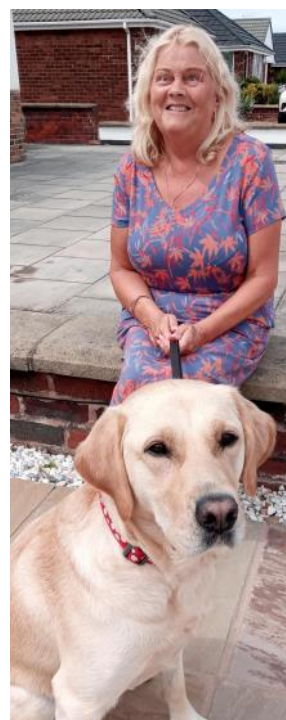
The above mentioned email went out reminding people that if you have expressed interest, we needed a £100 non-refundable deposit per person by 26th July unless Covid restriction are put back in place. This date will now have passed but if you are still interested please contact me, Carol Gradwell, in case there have been changes which have created vacancies.

Please call me on 07769 319618 if you are interested in joining us on this trip to Llandudno.

Kind regards, Carol Gradwell

Wenna goes to a Party

It was lovely to bump into Carol and Wenna, her new Guide Dog, at a local Garden Party (Salcombe Road) round the corner from where we live in aid of Guide Dogs. Carol told me although she misses having Rosie, she has become very fond of Wenna who has settled in nicely.



She is a lovely dog and was very well behaved particularly as there were other dogs present with neighbours as well as another guide dog belonging to a friend of Carol.

It was a lovely afternoon where we unexpectedly also met other JGF members some of whom also live nearby.

Celia

