

Just Good Friends

October 2020 Newsletter

For information telephone: Bev Sykes: 07557 734233 Website: justgoodfriends.org.uk
www.facebook.com/justgoodfriendsNW/

12th September 2020 - Our 8th Year Anniversary



We moved our meetings to the YMCA St Annes very early on - this was our Valentine quiz



Our first Christmas meal together at the Hole in One



2012 First gifts taken to Clifton Hospital patients Ward 1 - now JGF take gifts to the whole hospital. Last Christmas we collected 128 gifts donated by some wonderful people.

Member subscriptions are due on 1st October

If you would like to renew your annual membership (£5) straight into Just Good Friends' bank account see details:

Sort Code 40-12-13; Account Name: Just Good Friends; Account No: 02180480

Please ensure you put your name as a reference.

Please note that if your contact details have not changed since last year you need only enter your full name on the renewal Registration form; however, it is important that you also re-enter your emergency contact and medical practice details. Thank you.

Message from Bev

Hi All - just to let you know we have a new Patron, Lord Andrew Mawson OBE.

Andrew has been innovating, disrupting, connecting and creating for over 35 years – he, quite literally, wrote the book on social entrepreneurialism.

He has an unparalleled wealth of experience in answering society's difficult questions, with a portfolio that includes bringing the Olympic Games to East London and starting the Science Summer School with Professor Brian Cox. He's also the founder and president of the prestigious Bromley by Bow Centre.

It's an understatement to say that Andrew knows how to get things done. His career has been built around challenging broken ways of thinking and applying pragmatic business logic to social situations. The result is communities that work together effectively, practically and creatively to make society better for those who need it the most.

As the son of a Bradford milkman, a clergyman and one of the country's most renowned social entrepreneurs, Andrew has seen it all. However, one thing he will tell you is "always expect to be surprised". Amazing things can come from the strangest places, and he won't stop until we have a healthy society that works. We're not sure if he even knows how to stop, let alone what would happen if he did!

We look forward to Andrew joining us.

If anyone would like to join the number of members who already receive the Newsletter via email rather than hard copies please let me know on jandcburgess@hotmail.co.uk. Thank you, Celia



We have set up a group on Facebook called:
JUST GOOD RAFFLE

To join the group simply search for **Just Good Raffle** on Facebook and click the JOIN button.

September Just Good Raffle's prizes & winners are:

Gigli's Voucher & Aperol Spritzer -
Lesley Wilson, Helen Lee.

St Annes Fish Restaurant voucher - Baileys & Beer bundle - Louse Adetoro, Julie Jane

Rosco Floatation Experience - Aperol Spritzer. David Parkinson-Cane & Joanne Campbell

Cut & Blow dry at Serenity - £30 Firepit voucher. Jo Slater & Dan Swindells



October Birthdays

- 1 Judith Mellis
- 2 Maureen Rolls
- 2 Catherine Tabener
- 3 Marlene P Hogg
- 3 Graham Thomas
- 4 Carol Bradbury
- 4 Jenny Goldthorpe
- 5 Roy Halliday
- 9 Nick Wareing
- 9 Diane Wareing
- 10 Elizabeth Kyle
- 11 Brenda Bux
- 11 Laura Johnson-Walford
- 13 Janis Wignall
- 14 Joy Hunter
- 14 Ann Lancaster
- 16 Beryl Hambleton
- 16 Brenda Lawler
- 18 James Cooper
- 18 Rod Peabody
- 18 Grace Tang
- 19 Shirley Wignall
- 20 Isla Rose Stonley
- 21 Amy Marley
- 22 Alan Fox
- 22 Joe Kehoe
- 24 Beryl Dale
- 24 Alan Lee
- 25 Patricia Salmon
- 28 Barbara Klein
- 30 Leslie Felles
- 31 Jean Wild



Massive thanks to St Annes Fish Restaurant for continuing to deliver their fabulous fish chips and sometimes mushy peas to our members. They love it and want to thank everyone at the restaurant for all their help.



Sounds like both of these 'cures' worked for Bernie Worsfold!! Read his holiday story on this month's extra page.

It sounds fantastic and his story certainly transferred me to those blue skies and midnight swims!!

I hope you enjoy this issue.

Best regards, Celia

We normally celebrate people's birthdays on the last Thursday of the month at the St Ives Hotel 2pm. This is presently on hold until further notice when once again everyone will be welcome.

If anyone has a wish they would love to come true, please let Bev know and she will try her best to make it happen.



During this time we are unable to have hard copies of the Newsletter printed or delivered but electronic versions will be sent out to those who have registered their emails with us.

If you have means to print and can safely pass a copy to a friend who doesn't have computer access, please do so.



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BERNIE'S HOLIDAY TO TURKEY



Feeling a little low at the time reading the Daily Paper, with not a thing to do in that frame of mind as we were all on Lockdown: I saw an advert for a week's sailing on a GULET in Turkey, late booking, so I phoned the Holiday Company who only deal in SOLO Holidays with no supplements and booked.

Less than two weeks later I was flying out of Manchester at 0625 Dalaman bound, was met by the agent and transported to the Marina at Fethiye: by 12.00hrs local time I was in shorts and T-shirt awaiting the other guests. All the booking, seat reservation, quarantine form, boarding ticket had all been catered for by the Holiday Company.

The rest of the guests arrived in due course four ladies and one man who was not due in until midnight.



So between the 5 of us we decided rough plans for the next week, dress, order of the day being swim costumes with tops for lunch and afternoon tea, dinner was casual. Masks were ditched as we would be at sea and no other persons would be coming on the boat during the week.

Departing the following morning after breakfast for a swim and lunch in a bay, up anchor and away to another bay and if the Captain considered it suitable we would stay for the night. Most of the time we slept under the stars on deck as the cabins were too hot and we could watch the sunrise, midnight swimming was in order needless to say. The food was varied and excellent as the chef was on loan from a 5 Star Hotel (due to lack of Tourists).

Breakfast consisted of eggs served in numerous ways, bread and jam, tomatoes, cheese - a big favourite at all meals. Lunch was vegetarian with masses of pulses, cheeses, salad followed by 4/5 selections of fresh fruit. Afternoon Tea, cake and biscuits and finally Dinner - Fish or Meat, salad and vegetables followed again by fruit.

That is how the week continued, 2/3 bays a day, swim 3/4 times plus midnight; never actually seeing civilisation just other boats. No radio, no TV, no mobiles ringing - PEACE reigned.



Bernie entertaining friends about his holiday



The Just Good Friends T-shirt got plenty of airing and if the ladies had lived nearer they would join. The Agent said the Company would like some photos of the trip. Six complete strangers gelled from the start, some had previously done Solo holidays with the Company. The age range was 47 - 87 working and retired from different professions.

To sum it up it was my first solo holiday and was a WOW. I have intentions of booking next year but from a different area and plan to add on a week in a hotel with the same company.

Bernie



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