

## **Just Good Friends**

## September 2020 Newsletter

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## 12th September 2020 - Our 8th Year Anniversary

I'm really excited to mention that on the 12<sup>th</sup> September 2020 it will be our 8<sup>th</sup> year Anniversary: I can't believe that all those years ago we met up at the Lindum Hotel in St Annes. There were approximately 20 people who came and I'm so very proud to say that some are still with us today. My whole aim has always been to change loneliness to happiness; changing lives is so very important. I truly believe that no-one should be on their own, unless they want to be.

We've achieved so much over the eight years mostly due to the love

and care of all you members, befriending each other, volunteering with Just Good Friends and all your expertise has helped to take us to where we are today and not forgetting all the kind donations you have made to help



Thanks so much to Ken Hopwood for arranging this distance walk through Ashton Gardens also learning the history behind the gardens.



keep us going during lockdown.

I remember watching a film called 'Field of Dreams' and the quote in the film was 'If you call them, they will come' and I knew that if I set Just Good Friends up people would come. People need people and that social eye to eye contact, new friendships, fun, excitement, trips, meetings, music, quizzes, bingo, speakers, fund raising activities and lots more is what we have set up and not forgetting the Wish Lists, I think we all have a wish and if I can your wish will come true, as mine did.

So when we are let loose there is going to be so much to look forward to and there will be lots of laughter as I truly believe that laughter is the best medicine. Thanks to everyone for being part of the Just Good Friends story and long may it continue.

Lots of love always, Bev



Our lovely Jackie Daly (in the blue) - fantastic Keep Fit trainer taking Just Good Friends through social distance Zumba class.

Everyone absolutely loved it! Please let Bev know if you would like to join in.

If anyone would like to join the number of members who already receive the Newsletter via email rather than hard copies please let me know on jandcburgess@hotmail.co.uk. Thank you, Celia



Afternoon Tea winners (Pictured) Bernie & Dave at Vanilla Artisan Cafe. St Annes

The winners of the Just Good Raffle draws in August were: Meat Raffle, Ellen Thomas & Sue Whittle; Booze Bundle,

Angela Jacques; Bistro voucher, Ellen Thomas; Blackpool Rock Gin, Julie Jane; Vodka Bundle, Lesley Wilson; Miller & Carter voucher David Parkinson-Cane.

button.

We have set up a group on Facebook called: JUST GOOD RAFFLE. To join

the group simply search for Just Good Raffle on Facebook and click the JOIN





It was a nice surprise to bump into these ladies in Trebarron as they had just come in for lunch as John and I were having ours. Celia

L-r: June, Stephanie, Anne, Dorothy, Susan and Anne



## September Birthdays

Reminder to

evervone

We normally

celebrate

people's

birthdays on the

last Thursday of

the month at the

St Ives Hotel

2pm. This is

presently on hold

until further

notice when once

again everyone will be welcome.

- **Stephen Owers**
- Anna Walker
- 2 **Nicky Sutton**

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- 3 Isla RoseJebson
- 4 **Rachel Woollett**
- 6 **Bob Danson**
- 6 Patricia Harrison
- 7 Mary Ryan
- 8 Christine Hyde
- 12 Jean Anderton
- 12 Anne Comrie
- 15 Mary Allen
- 18 John Ashby
- 18 Jean Ashe
- 18 **Amy Parrington**
- Kathleen Wolstenholme 18
- 19 Joanne Campbell
- 23 **Doug Atkinson**
- 23 **Ann Jones**
- 24 **Adam Salter**
- 25 Gill Ward

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- 26 Linda Bradburn
- 26 **Bernard Worsfold**
- 27 Veronica Kendall
  - **Heather Davies**





Just a reminder that subs become due on 1st October when new cards will be issued.

Many thanks to Gill for making face masks for us!!



During this time we are unable to have hard copies of the Newsletter printed or delivered but electronic versions will be sent out to those who have registered their emails with us.

If you have means to print and can safely pass a copy to a friend who doesn't have computer access, please do so.



