

# Just Good Friends

## July 2020 Newsletter

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[www.facebook.com/justgoodfriendsNW/](https://www.facebook.com/justgoodfriendsNW/)

### Just Good Friends Loose Women and Men

I was absolutely delighted when the Government said we could have meet ups for 6 people as long as they had the 2 metre distance so I contacted Fylde Borough Council and arranged for 6 chairs to be delivered to Ashton Gardens at a 2 metre distance between the chairs and sanitizer. Just Good Friends has taken all the precautions necessary and it was very emotional for me to see people coming together safely again. If anyone would like to join in the meet ups please let me know. Bev

#### The following letter went to all Members on 20<sup>th</sup> June

Hi

As you know we are arranging the first meetings of Just Good Friends and, as you will be aware, we will have to ensure that we do follow the Government guidelines in place at the time. That means at the moment:

- The group will be of a maximum of 6 people including 1 group leader.
- Only those people who have been invited and confirmed they will be coming can attend.
- Do not attend if you have any symptoms of Covid-19 eg a high temperature, dry cough or loss of taste or smell.
- Do not attend if you have been contacted by the Test & Trace Team and asked to self-isolate.
- People with pre-existing conditions eg diabetes, asthma etc should obtain the permission of their doctor before attending.
- Unfortunately people who are currently shielding cannot attend.
- Chairs will be provided by Fylde Borough Council and will be positioned at least 2 metres from each other. **Do not move the chairs any closer.**
- Sanitiser spray will be provided by Fylde Borough Council. Please sanitise your hands on arrival.
- Observe social distancing and maintain a distance of at least 2 metres at all times.
- If you bring any snacks or drinks with you, do not share with anybody else.
- You are responsible for disposing of your own rubbish.
- You may want to consider bringing an umbrella or suncream, depending on the weather.
- There are very limited public toilet facilities in Ashton Gardens so please make arrangements before you come.

I am very excited to welcome you back to what we hope will be the first of many more meetings of Just Good Friends. We need to make sure that we keep ourselves and each other safe and, at the same time, have a great time

Please give me a ring when you get this letter to confirm you can attend and we can arrange the date. So looking forward to us meeting up again.

Bev - 07557 734233

### Other News

It was great to arrange picnics for our Wednesday meetings from Artisan Vanilla Café. Sandwiches, Sausage Rolls, Crisps, Chocolate Brownies and Water. Massive thanks to Rotary Lytham for their very kind donation to help us with the cost of the picnics.

Also some of the funding will go towards Fish and Chip suppers for some people who can't yet get out. We all miss you and can't wait to see everyone again.

I personally would like to thank all members who have donated money to Just Good Friends; this is so kind and very much appreciated and I was delighted to receive the flowers and thank you card too. It was lovely to realise just how much people care about everyone in Just Good Friends and how we all come together to help each other.



I believe the knitted squares are coming along nicely now and it will be great to get them all sewn together as a reminder of how we worked as a team.

Does anyone have any jokes they would like to share in the next Newsletter, laughter is the best medicine. Please let me know. Bev

A senior citizen was driving down the M55 when his car phone rang.

Answering, he heard his wife's voice urgently warning him, 'George, I just heard on the news that there's a car going the wrong way on the M55. Please be careful!!'.

'Blimey' said George. 'It's not just one car, it's hundreds of them!'





Graham & Ellen



Mary's Group



June's Group



Kath Wolstenholme

During this time we are unable to have hard copies of the Newsletter printed or delivered but electronic versions will be sent out to those who have registered their emails with us. If you have means to print and can safely pass a copy to a friend who doesn't have computer access, please do so. Thanks.

**PS: Hopefully it won't be long before we have reports in the Newsletter of all JGF activities once again. Celia**



## July Birthdays

- 1 June Medlycott
- 12 Mags Hanning
- 12 Patricia Wolsey
- 14 Patricia Eves
- 18 June Hague
- 29 John Colligan
- 29 Tony Hope

**Reminder to everyone**  
We normally celebrate people's birthdays on the last Thursday of the month at the St Ives Hotel 2pm. This is presently on hold until further notice when once again everyone will be welcome.

## Just something to make you ponder...

### Six great confusions still unresolved

1. At a movie theatre, which 'arm rest' is yours?
2. In the word scent, is the "S" silent or the "C"?
3. If people evolve from monkeys, why are monkeys still around?
4. Why is there a 'D' in fridge, but not in refrigerator?
5. Who knew what time it was when the first clock was made?
6. If pro and con are opposites, wouldn't the opposite of progress be congress?

## Our Allotment

Activity on our allotment is going well and benefitting from the glorious sunshine we have had during May and June: fingers crossed that it will continue for a few more weeks - although having said that, the recent rain has been very welcome on the allotment.



Mags and helpers are doing a great job as you can see from this amazing courgette!!

