



Just Good Friends

April 2020 Newsletter

TO ALL AT JUST GOOD FRIENDS

March 2020

We are postponing all our JGF and Social Angels meetings, as the majority of our members are self-isolating but JGF does not close its door. We are trying to keep in touch through the post, through social media ie Facebook and through telephone calls.

We will review restricted meetings on a Wednesday in approximately 6/8 weeks time but at the moment all JGF meeting places are closed.

If you have any of the coronavirus symptoms or are feeling generally unwell you must stay at home. Please be aware of strangers coming to the door and offering their services, check with Just Good Friends or family members/local contacts and friends before you accept any offers from strangers.

Letters have been sent out to all our members with lots of information and ideas to help with the isolation. For social media members we will be setting up lots of conversations with each other via Facebook and we are hoping to start different projects that can be done at home and can be talked about together on Facebook, so as not to feel isolated and alone. We will be arranging regular telephone calls to our most isolated members.

We know that most of you at the meetings sit together on certain tables and we would ask that you keep in contact with one another and maybe one or two of you from those tables become monitors for each other.

We are going to ask members to keep a diary of their feelings about their absence from Just Good Friends meetings and how they are feeling whilst going through this period of isolation. We also ask if they can let us know in the diary whether our little home projects are making a difference.

A menu was enclosed with the letter for meals that have been arranged by a very reputable organization at a reduced cost for Just Good Friends members. The meals are £19.95 for 5 meals delivered direct to your door. All cooking instructions are supplied with the meals. You will need to ring and order direct with Campbell Rowley Catering; please ask Bev for their phone number and menu details.

We also enclosed a **'Hello! If you are self-isolating, I can help card'** and a returned stamped envelope. If you require any of the services on the card because you are self-isolating please fill in the details on the card and either post yourself or get a neighbour/friend/relative to post back to us at JGF.

We are thinking of you all and missing you lots but hopefully through our letters, phone calls and home projects we will find a way through this pandemic situation.

When we have got through this very trying period we are going to have a massive celebration and party. ITS GOING TO BE MASSIVE - ITS GOING TO BE FUN - ITS GOING TO BE AMAZING. We will expect all of you to come in your best bib and tucker.

Bev - 07557 734233

During this time we are unable to have hard copies of the Newsletter printed or delivered but electronic versions have been sent out to those who have registered their emails with us. If you know of anyone else who would like a copy in this way please forward one to them or if you wish, let me know and I will send one to them. Celia

Keep Safe, Keep Happy, Keep Together and we will all get through this.



The Play Your Cards Right and Quiz was again a fabulous success with Marlene winning £80 on Play Your Cards Right and the winning table for the Quiz was won by 9 people and they all received a drink. All in all we raised £151.00 for Just Good Friends' funds. Thanks to Karen for the lovely hotpot and thanks to Mags who was the Quizmaster for the evening.



Thanks to our fabulous Mags for being our quizmaster



April Birthdays

- 4 Margaret Cooper
- 4 Pat Sumner
- 6 Bev Sykes
- 7 Margaret Holmes
- 10 Doreen French
- 11 Patricia Foster
- 12 Anne Holt
- 15 Ellen Thomas
- 16 Hazel Boardman
- 18 Wyn Smyth
- 20 Carol Gradwell
- 21 Marie Wyld
- 28 Anne Storey
- 28 Molly Thompson
- 30 Joanne Kendall
- 30 Graham Wood

Reminder to everyone:
we celebrate people's birth-
days on the last Thursday of
the month at the St Ives Hotel
2pm. All welcome.



Our very own Karen overseeing the proceedings and our fabulous chef



Winning team of the quiz

It's always good to have something to look forward to so check out the following notices for our future events!

We know it's a long way off, but when we do return to our meetings, a Wild West Fundraising event will be held at the Tennis Club which gives us plenty of time to plan our Cowboy and Indian costumes (fancy dress optional of course). Special guest appearance Buck Rodgers as the Sheriff of the JGF town being the judge in our dance off.

Also planned

Does anyone fancy Walking Rugby at Fylde Rugby Club? I promise its a non-contact sport so you won't be tackled to the ground but its going to be fun. I have already received quite a few names of people interested so if you fancy having fun with us please let me know. Bev



Marlene winner of Play Your Cards Right

