

# Just Good Friends

## March 2020 Newsletter

### Regular Meetings at Just Good Friends

Call Bev: 07557 734233

or contact us on our website: <http://justgoodfriends.org.uk>  
<https://www.facebook.com/justgoodfriendsNW/>



<b>Monday</b>	2pm	<b>NEW GROUP</b> at Ansdell Institute. Social & Buddy with JGF
<b>Tuesday</b>	1pm - 4pm	Fun and laughter at the Victoria Pub, Church Road, St. Annes with Roy Rolland
<b>Wednesday</b>	10am - 12 noon	The Palace, 18 Garden Street, St Annes Tea – coffee & chat
<b>Thursday Evening</b>	7.15pm	New Generation Group. The Trawl Boat Inn (Wetherspoons) 36-38 Wood St, St Annes. Tel: Laura 07434 544400 to confirm location
<b>Last Thursday each month</b>	2pm	Celebrate our members' birthdays with tea/coffee and cake at The St Ives Hotel, 7-9 South Promenade, St Annes
<b>Friday</b>	6pm - 7pm	Dance Class – Freestyle St Margaret's Church, Rowsley Road, St Annes £5
<b>Friday</b> (monthly but please always check date)	11am - 12.15am <b>See below</b>	Singalong at Links View Independent Living, Frobisher Drive, St Annes. Tea & Coffee provided. Call: Lynn 07810 435823
<b>Saturday - see above for March &amp; April</b>	2pm - 4pm	Memorial Hall, St. Albans Road, St. Annes - Tea and Chat with speakers and activities. Quiz - Bingo - Music
<b>Sunday Lunch</b>	12.30pm	12.30pm St Ives Hotel. £11.95 for a fabulous 4 course meal. Tel: Kath on: 01253 730883

**SOCIAL ANGELS** Tel: 07541 742397 or email: [socialangels.jgf@gmail.com](mailto:socialangels.jgf@gmail.com)

<b>First Friday of every month</b> 6.30pm - 8.30pm	Memorial Hall, St Alban's Rd, Lytham St Annes FY8 1UZ. A social group designed for youths struggling with confidence, low self esteem or social isolation who would benefit from friend-making and new opportunities.
---	---

**Monthly Saturday breakfast // Monthly Sunday Lunch**

### New Social Buddy Club

The new Monday Just Good Friends Social Buddy Club at Ansdell Institute was a great success and everyone made us so very welcome.

Thanks very much to all who attended and thanks to Ansdell Institute.

See you again next Monday at 2pm. Everyone welcome.

### SINGALONG Friday 13th March

Please note that the next singalong with Lynn will be  
 13th March 2020  
 11am till 12.15pm

### Saturdays at The Memorial Hall

#### March

7th Quiz & Raffle  
 14th Shaun Stone 'Fraud Workshop' (TSB)  
 21st Games  
 28th Bingo

#### April

4th Quiz & Raffle  
 11th Poetry Reading  
 18th Table Games  
 25th Bingo

### Regeneration

Thanks to Fylde Council for popping in to see us about the Regeneration of St Annes and to ask our opinion as to what we would all like to see in St Annes Square - I'm hopeful something very special.

I will let you know when I hear back from them as to the next stage. Bev

Just Good Friends  
Presents our monthly

# QUIZ NIGHT?

**£80**

**FRIDAY 6th March**  
**7pm ONLY £5.00** **Could be won**

**QUIZ - TASTY HOTPOT SUPPER -  
 - PLAY YOUR CARDS RIGHT  
 £80 COULD BE WON  
 - MUSIC - FAB PRIZES -**

**JOIN US FOR SOME GOOD OLD FASHIONED QUIZ FUN  
 REMEMBER IT'S NOT THE TAKING PART  
 IT'S THE WINNING THAT COUNTS !**

**ST ANNES TENNIS CLUB - AVONDALE ROAD St. Annes**  
 Call June on 07710899237  
 for more information

Made with PosterMyWall.com

## Message from Bev

Thanks so very much to everyone who joined Just Good Friends Focus Group, it was so heart-warming to hear all the comments and I think it would be great if we all got together again soon to have another chat - no surveys this time, just everyone getting to know each other and sharing experiences of when they first came to Just Good Friends and how they are now making a difference to people's lives: it so very important to us all at Just Good Friends.

As you all know, something very dear to my heart is the Welfare of everyone at Just Good Friends and I want you to know we will always do what we can for you and we are trying very hard to get funding to enable us to do this more. I'll let you know when we achieve this.

### Amazing Volunteers

Of course we wouldn't be where we are today without all the amazing volunteers who make such a difference to all we do and from the heart I thank you all so much. It would be great if we all could get together and have a chat about the new opportunities coming up too. I would love to get a picture of everyone together.



### Chatter Benches

We are also working alongside Fylde Council to have a Chatter Bench\* in St Annes Square; you've probably heard of the Chatter Benches before in other towns and now we have the opportunity to be a big part of the Bench here in St Annes. It would be great if anyone wanted to help with this. It's going to be fabulous, let me know if you would like to know more. Bev

*\* Briefly, for those who may not know what a Chatter Bench is, it is principally a dedicated bench where people can sit and be happy for anyone to stop and have a chat with them.*

### Cold Calling Alert

It has come to the attention of Blackpool Police that there's been a male cold-calling at residential addresses in the Common Edge Road/School Road area as well as in Lytham and St Anne's. This person has been attempting to sell household items such as cleaning cloths which are considered significantly over-priced. We would advise that you do NOT buy anything from someone that you do not know. If you have any elderly or

vulnerable neighbours please try and keep your eye out for them.

STOP - Before you answer the door, stop and think if you are expecting anyone. Always ask for ID. Genuine callers will always have identification. If you are in any doubt do not let them in, keep everything locked and call 101. Where a crime is ongoing or if there is an immediate risk to life you should dial 999.

### Joanne and Dorothy Trips : Future Event

Our next trip will be Thursday 9th April – usual coach pickup 10:30am from the YMCA - return 4:30pm.

No venue currently planned and we would be pleased to receive your suggestions. Where would you like to go? The most popular suggestion will be chosen. Contact Joanne or Dorothy : call 01253 729784.

*(Please note that although JGF are looking into insurance etc for trips we still cannot at this stage say its a JGF trip.)*



### March Birthdays

1	Audrey Porter
3	John Farrow
11	Elaine Brackley
12	Alison Graddon
12	Christine O'Connell
13	Pat Cowell
14	Graham MacEwen
17	Jacqueline Buksh
18	Norma Hayward
19	Celia Burgess
19	Julie Rodgers
21	Heather Marsland
22	Jacqueline Turnbull
24	Beryl Hayes
24	Eric Coates
26	Louis Sutherland
27	Vernon Allen
27	Edith Fallon
28	Beth Finlayson
28	Christine McCherry
29	Anne Brown
30	Jayne Fallon

**Reminder to everyone:**  
**we celebrate people's birthdays**  
**on the last Thursday of the month**  
**at the St Ives Hotel 2pm.**  
**All welcome.**

**The BACK TO SCHOOL Afternoon**  
**Tea in January was such a success,**  
**that many people have asked for**  
**another similar event so we are**  
**looking for theme suggestions.**  
**Let Bev know if you have any**  
**ideas.**

